

Cell Services

Assurance Wireless

Free phone with data and minutes 1(888) 321-5880



Free cellphone plan 1(800) 723-3546 www.safelinkwireless.com

Life Wireless

1 (800) 234-9473 www.lifewireless.com



Child Care

Bezos Academy

Free pre-school for low-income families (206) 434-8342 824 S 216th St., Des Moines, WA

Bright Horizons

Daycare for infants to kindergarten prep, and summer program (253) 437-0030 20809 72nd Ave S, Kent, WA

Department of Children, Youth & Families

1 (844) 626-8687 bit.ly/dcyf-child-care

Kent Family Center ECEAP

(253)630-9590 13111 SE 274th St, Kent, WA

Kent Lutheran Church

(253) 854-8768 336 2nd Ave S, Kent, WA bit.ly/dcyf-child-care



Child Care

Kent Youth and Family Services

Free preschool education and support for children 3 to 5 yrs old www.kyfs.org/head-starteceap

Northshore School Districts

Before and After School Care https://bit.ly/northshoreEprogram

Washington State Department of Children, Youth, and Families

bit.ly/dcyf-child-care

West Side Baby

Free diapers, toys, and baby equipment (206) 767-1662 10032 15th Ave SW, Seattle, WA

YMCA Early Education Center

(6 weeks - 5 years old) Hours: 6:30am - 6pm (206) 825-0561 20809 72nd Ave S, Kent, WA

YMCA Early Learning

(ages 3-5 years old) Hours: 7am - 6pm (206) 496-7447 723 S Concord St., Seattle, WA



Clothing

Kent Food Bank & Emergency Services

(253) 520-3550 515 W Harrison St, Ste 107, Kent, WA

Preganacy Aid of South King County

1209 S Central, Ste 204, Kent, WA





Clothing

St. James Episcopal Church (253) 852-4100 2447 94th Ave S, Kent, WA

Two Big Blonds Plus Size Consignment

2501 S Jackson St, Seattle, WA www.twobigblondes.com/online

Wellspring Family Services

1900 Rainier Ave S, Seattle, WA

West Side Baby

(206) 767-1662 10002 14th Ave SW, Seattle, WA



Food & Nutrition

Christian Faith Center Community Meal

Every Monday, 5pm - 6:30pm (253) 943-2435 33645 20th Ave S, Federal Way

Des Moines Area Food Bank

Mon, Wed, Fri: 9am - 11:45am Every 3rd Tuesday: 6pm - 8pm 22225 9th Ave S, Des Moines, WA

Federal Way Senior Center

Mon and Thurs, 9am - 12pm (253) 838-3604 4016 S 352nd St., Auburn, WA

HealthPoint SeaTac

WIC: (206) 477-1870 (206) 277-7200 4040 S 188th St, Ste 201, SeaTac, WA

McMicken Heights Church

Mini pantry open 24/7 3754 S 172nd St, SeaTac, WA



Food & Nutrition

Multi-Service Center Food Bank

Mon, Wed, Fri, 10am - 2pm (253) 838-6810 26401 Pacific Highway S, Des Moines, WA

Praisealujah Distribution Center

Saturday, 9am - 11am (206) 307-9166 20832 International Blvd, SeaTac, WA

SNAP/EBT Resources

bit.ly/SNAP-and-WIC-resources



Health & Insurance

HealthPoint Federal Way

(253) 874-7634 33431 13th Pl S, Federal Way, WA www.healthpointchc.org

HealthPoint Kent

WIC: (206) 477-1870 Clinic: (253) 852-2866 403 East Meeker St, Kent, WA www.healthpointchc.org

HealthPoint Kent Urgent Care

(253) 372-3602 219 State Ave N, Ste 100, Kent, WA www.healthpointchc.org

HealthPoint Midway

Mon -Fri, 8:30am to 5pm (206) 870-3590 26401 Pacific Hwy S, Des Moines, WA www.healthpointchc.org

SHIBA Medicare Insurance

1 (800) 562-6900 www.oppco.org/shiba

Valley Cities

26401 Pacific Hwy S, Des Moines, WA





Housing & Homeless Services

Family Emergency Shelter

Access line available at 9am (206) 245-1026



King County Housing Authority

(206) 693-6414 www.kcha.org/housing

King County Tenant Line

(206) 580-0762

YWCA

(206) 461-4888



Legal Services

Eastside Legal Assistance Program

(425) 747-7274 www.elap.org

King County Bar

(206) 267-7100 www.kcba.org/?pg=Free-Legal-Assistance



Refugees & Immigrants

NW Immigration Rights Project

(206) 587-4009 www.nwirp.org/get-help/

Refugees Northwest

Immigration Assistance info@refugeesnw.org

Refugee Women's Alliance (ReWA)

(206) 721-0243 info@rewa.org



Angle Lake Community Center

(206) 816-3250 13735 24th Ave S, SeaTac, WA

Community Living Connections

Toll-Free: 1(855) 567-0252 bit.ly/communitylivingconnections

Crisis Connections - King County

For most up to date resources in King County, call 211

HealthPoint Connects

www.healthpointconnects.findhelp.com

King County Bar

(206) 267-7100 bit.ly/kcbaFREElegal

Lutheran Community Services Northwest

Resources for refugees and immigrants, housing, food, etc. (206) 901-1685 4040 S 188th St, Ste 300, SeaTac, WA

Multi-Service Center

Utilities, employment, youth and young adults, etc.
(253) 838-6810
1200 S 336th St, Federal Way, WA

St. Vincent De Paul

Resources in rent, utilities, food, clothing, etc. (206) 767-6449





Transportation

Hopelink Medicaid Transportation Dial A Ride Transit (DART)

Schedule a ride: (866) 261-DART Medicaid: (800) 923-7433

Hyde Shuttle Transportation

for seniors and adults with disabilities (206) 727-6262 then press 1 for reservations

King County Metro Transit Regional

Reduced Fare Permit (206) 553-3000

Mercy Medical Angels

Healthcare Ground Transportation (757) 318-9174

ORCA LIFT

Reduced Fare Permit based on income (800) 756-5437



Utility & Rent Assistance

City of Seattle Utility

(206) 684-0268 UDP@seattle.gov

LIHEAP and PSE Home Energy Lifeline (HELP)

(206) 214-1240

Mulit-Service Center

bit.ly/MSChelps

The Salvation Army of Renton Corps

(425) 255-5969 ext 214

